



CALHOUN COUNTY PUBLIC HEALTH DEPARTMENT

190 E. Michigan Avenue
Battle Creek, Michigan 49014

Phone: 269-969-6370

Fax: 269-969-6470

www.calhouncountymi.gov/publichealth

"Working to enhance our community's total well-being"

DEFINITIONS:

Quarantine – The practice of keeping someone who may have been exposed to COVID-19 away from others. Quarantine helps to prevent spread of disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms. People in quarantine (usually for 10 days after last known exposure) must stay home, separate themselves from others, monitor their health, and follow directions from their state or local health department.

Isolation – The practice of separating people infected with the virus (both those with or without symptoms) from people who are not infected. People who are in isolation (usually for 10 days) must stay home until it's safe for them to be around others.

Resolving Symptoms – Symptoms have gotten noticeably better. Some symptoms (like fatigue and loss of smell) may last a longer time. If you have questions, please call your medical provider to discuss.

PROCEDURE:

Based on the latest CDC guidance the Calhoun County Public Health Department will use the following procedure to make decisions on COVID-19 K-12 isolation

- K-12 Student or Staff tests positive for COVID-19 and has symptoms
 - Student or Staff
 - Isolate for 10 days from symptom onset, or
 - Isolate for 5 days and if symptoms are resolving or have resolved, normal activities can resume on day 6 with a negative antigen test and mandatory continued use of a well-fitting mask through day 10
 - If you continue to have fever or your other symptoms have not improved after 5 days of isolation, you should wait to end your isolation until you are fever-free for 24 hours without the use of fever-reducing medication and your other symptoms have improved.
- K-12 Student or Staff tests positive for COVID-19 and is asymptomatic
 - Student and Staff
 - Isolate for 10 days from positive test date, or
 - Isolate for 5 days, normal activities can resume on day 6 with a negative antigen test and mandatory continued use of a well-fitting mask through day 10
 - If symptoms develop after testing positive, the 5-day isolation period starts over

Based on the latest CDC guidance the Calhoun County Public Health Department will use the following procedure to make decisions on COVID-19 K-12 close-contact quarantine

- Quarantine Exemptions:
 - K-12 Student aged 5-17 has received primary series of vaccine
 - Student or Staff 18 years or older and has received all recommended vaccine doses, including boosters and additional primary shots for some immunocompromised people



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- Student or Staff has received a positive COVID-19 test result in the last 90 days
- Student or Staff was exposed in a classroom or bus setting with universal masking present
- K-12 Student or Staff exposed to COVID-19 *in a school associated setting*
 - Exposed Student or Staff has COVID-19 symptoms
 - Student or Staff should be isolated or seek a differential diagnosis from a health care provider or receive a negative COVID-19 antigen or PCR test
 - Exposed Student or Staff is symptom-free
 - 10-day quarantine and monitor symptoms for 14 days, or
 - Return to school after a full 5-day quarantine with a negative antigen or PCR test taken on day 6 after exposure (back in school on day 6) and monitor symptoms for 14 days
 - If negative, normal activities can resume with recommended well-fitting mask use through day 10
 - If positive, follow isolation guidelines
 - Stay in class and school associated activities with daily COVID-19 antigen test with negative result for 6 days post exposure, mandatory well-fitting mask use through day 5 and recommended well-fitting mask use through day 10
- K-12 Student or Staff exposed to COVID-19 *outside of a school associated setting*
 - Exposed Student or Staff has COVID-19 symptoms
 - Student or Staff should be isolated or seek a differential diagnosis from a health care provider or receive a negative COVID-19 antigen or PCR test before resuming activities
 - Exposed Student or Staff is symptom free
 - 10-day quarantine and monitor symptoms for 14 days, or
 - Return to school after full 5-day quarantine with a negative antigen or PCR test taken on day 6 after exposure (back in school on day 6) and monitor symptoms for 14 days
 - If negative, normal activities can resume with recommended well-fitting mask use through day 10
 - If positive, follow isolation guidelines
- At-home testing requirements:
 - Inform every patient or guardian of a patient that they must
 - (1) retain all test results for a period of at least 30 days;
 - (2) a copy of the test documentation must be provided to a representative of the CCPHD upon request;
 - (3) a signed attestation form is required for at home "test and stay" tests, and test out of isolation tests.
- Note: antibody tests, e.g., a blood test, are not to be used to determine immunity for quarantine purposes
- Note: Quarantine and isolation are determined by the local health department and are used as important tools to prevent the spread of disease.
- Note:



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- Contact tracing for unmasked exposures must still occur.
- General exposure notifications should still occur in classrooms adhering to universal masking quarantine exemptions.
- **Masking during school associated activities includes sporting games and practice.**